

A **Proposed residential treatment centre**: committed to providing the safety, expertise, and support; for people to reclaim, develop, and sustain a healthy and meaningful identity free from destructive behaviours.

Paradise Valley

CENTRE FOR CHANGE

Info Sheet



objectives

- To provide high quality effective services for people working to make healthy changes in their lives.
- To be an active positive influence and asset in the community.
- To contribute to research for effective interventions and services.
- To create and maintain a healthy, rewarding, enjoyable workplace.

A few questions you or others may have?

Does this mean crime would increase?

No. A **private** therapeutic setting attracts clients working to regain a healthy relationship with their family and re-establish their career. This centre plans to utilize comprehensive screening and assessment measures (including psychiatric expertise) allowing us to accept clients committed and stable enough to work on issues that have fueled unhealthy behaviours; for example, disordered eating, substance use difficulties, gambling, and internet addiction.

How many people would be staying on the property?

We anticipate a maximum of 16 residents (with never less than 2 staff in the evening) in the first two years of operation. After 2 years, we would like to consider gradually expanding services, over 8 subsequent years, to allow for a maximum of 48 residents by 2018.

What are benefits for Squamish?

- Guaranteed services for 12 residents from the community each year; Accessed through Vancouver Coastal health and Sea to Sky Services . Our commitment would increase to 20 annual residents in reflecting the Centre's growth.
- Within the first year of operation 15 full-time permanent positions and 20 part-time permanent positions are planned. The employment opportunity would be expected to grow to 30 full-time and 30 part-time positions.
- Presentations and workshops would be offered routinely in the community regarding well-being and maintaining a healthy relationship with substance use.

Would this bring traffic problems?

The centre is expected to have very little impact on local traffic. With an average resident staying a month, and clients prohibited from bringing their personal vehicles, traffic from the centre would primarily be from staff movement. A professional traffic impact report will be commissioned.

Our Philosophy:

- We believe in peoples' capacity and desire to experience and maintain healthy relationships with self and others.
- We are committed to work with our clients in exploring how relationships with self and others have been injured, and what is needed for healing.
- We believe destructive behaviours have had a functional origin, and we support clients to assess and address both the past and present function of their compelling behaviours.
- We facilitate clients' exploration of physical, psychological, emotional, and spiritual areas in support of healing.

Paradise Valley: Centre for Change

Mission Statement

Paradise Valley: Centre for Change is committed to providing the safety, expertise, and support; for people to reclaim, develop, and sustain a healthy and meaningful identity free from addictive and destructive behaviours.

Philosophy:

At Paradise Valley: Centre for Change, we believe in peoples' innate capacity and desire to experience and maintain healthy relationships with self and others. We are committed to explore and work with our clients regarding how relationships with self and others have been injured, and what is needed for healing.

We believe destructive behaviours have had a functional origin, and we support clients to assess and address both the past and present function of their compelling behaviours.

We facilitate clients' exploration of physical, psychological, emotional, and spiritual areas in support of healing.

Values:

- We value individuals' strengths, wisdom, and knowing re. what is required in their unique journey for healing and growth.
- We value sense of community and connection as an important ingredient for health and happiness; we actively model responsibility and concern for others' welfare.
- We value a spiritual component in life.

Objectives:

- To provide high quality effective services for people wanting to make healthy changes in their lives.
- To be an active positive influence and asset in the community.
- To contribute to research for progressing knowledge of effective interventions and services.
- To create and maintain a healthy, rewarding, and enjoyable workplace.